Healthy Shropshire

In your packs are lots of these cards!
I’m here to tell you what it’s all about.

www.healthyshropshire.co.uk

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**Homescreen**

Under each of the 12 central topics you’ll find lots of information, advice, ideas and contact details of local organisations, all relating to that particular topic...
... so for example, when you click the ‘Physical Activity’ button on the Healthy Shropshire Homescrn, you’ll see THIS page:
On the Homepage is a link to ‘One You’, the nationwide campaign launched by Public Health England to address preventable disease in adults.
Also on the Homepage are ‘Newsflashes’, which detail new campaigns and local events, as well as a link to the Healthy Shropshire directory. We can add any information you give us to these sections!
The Healthy Shropshire Directory enables you to find services in your area which support people to achieve and maintain a healthy lifestyle.

To find a service in your area you can search the Directory by:

- region (either by highlighting part of the map or using the drop down list)
- service
- using key words.
Once you click the ‘submit’ button, you’ll see a list of services available in the area you’ve selected.
Clicking on the entries in the list of results will bring up full details of the service offered and venue information.

Updates are provided by Advisors and staff at the venues themselves.

Single Point of Access use the information on the website to advise people of local services.
1. Health Promotion Resources

2. News

3. Professional Resources

4. Health Apps
Health Promotion Resources

There are lots of different resources in this area of the website.

If anyone is hosting an event and would like to print off some resources, or further information from other websites, this is a useful place to start.
News

This section contains health-related news from the Shropshire area, and the information is updated automatically from the RSS Feed on the Shropshire Council website.
Professional Resources

All sorts of resources for professionals can be found under each of these sections, such as referral forms, Standard Operating Procedures, Public Health campaign resources, Help2Slim programme documents and NICE Guidelines...
Health Apps

We’re still adding to this section!

So far though, we’ve added links to the NHS ‘Couch to 5k’ podcasts.

We update this website on a daily basis, so if there’s any information you’d like us to promote or include, then please just get in touch with us.
There’s soon to be an exciting new development!

Later this month, the website will host an electronic referral form.

You’ll be able to have a shortcut on your desktops / smartphones, and use it to refer clients to any of the Help2Change services.

An addition to existing referral processes, and data will be held securely on a server until we log in to retrieve it.